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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Школа | | | | | | | Производство школы № 1 (Ст) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Отд./корп | | | | |  | | | | |  |  |  |  |  |  |  |  | День | | 18.05.2022 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Прием пищи | | | | | | | Раздел | | | | | | | | № рец. | | | | | | | | Блюдо | | | | | | | | | | | | | | | | | | | Выход, г | | | | | Цена | | | | Калорийность | | | | | | | Белки | | | Жиры | Углеводы |
| Завтрак 1-4 кл (74,15) | | | | | | | Горячее блюдо | | | | | | | | №288-2015г. | | | | | | | | Филе птицы отварное | | | | | | | | | | | | | | | | | | | 80 | | | | | 56,43 | | | | 209,60 | | | | | | | 18,72 | | | 14,85 | 0,27 |
|  | | | | | | | Гарнир | | | | | | | | №309-2015г. | | | | | | | | Макароны отварные | | | | | | | | | | | | | | | | | | | 180 | | | | | 12,86 | | | | 202,14 | | | | | | | 6,62 | | | 5,42 | 31,73 |
|  | | | | | | | Горячий напиток | | | | | | | | №685-2004г. | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 2,57 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 38 | | | | | 2,29 | | | | 86,64 | | | | | | | 3,27 | | | 0,49 | 17,18 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **74,15** | | | | **558,38** | | | | | | | **28,68** | | | **20,78** | **64,18** |
| Обед 1-4 кл ОВЗ | | | | | | | Первое блюдо | | | | | | | | №115-2015г. | | | | | | | | Суп с крупой (пшено) | | | | | | | | | | | | | | | | | | | 250 | | | | | 5,59 | | | | 51,25 | | | | | | | 0,58 | | | 4,80 | 1,72 |
|  | | | | | | | Горячее блюдо | | | | | | | | №288-2015г. | | | | | | | | Филе птицы отварное | | | | | | | | | | | | | | | | | | | 40 | | | | | 28,21 | | | | 104,80 | | | | | | | 9,36 | | | 7,42 | 0,14 |
|  | | | | | | | Горячее блюдо | | | | | | | | ТТК №82 | | | | | | | | Рис с овощами | | | | | | | | | | | | | | | | | | | 150 | | | | | 12,65 | | | | 202,65 | | | | | | | 3,70 | | | 4,90 | 35,90 |
|  | | | | | | | Горячий напиток | | | | | | | | №685-2004г. | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 2,57 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 17 | | | | | 0,98 | | | | 38,76 | | | | | | | 1,46 | | | 0,22 | 7,68 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **50,00** | | | | **457,46** | | | | | | | **15,17** | | | **17,37** | **60,44** |
| ГПД 1-4 кл | | | | | | | Первое блюдо | | | | | | | | №115-2015г. | | | | | | | | Суп с крупой (пшено) | | | | | | | | | | | | | | | | | | | 250 | | | | | 5,59 | | | | 51,25 | | | | | | | 0,58 | | | 4,80 | 1,72 |
|  | | | | | | | Горячее блюдо | | | | | | | | ТТК №82 | | | | | | | | Рис с овощами | | | | | | | | | | | | | | | | | | | 150 | | | | | 12,65 | | | | 202,65 | | | | | | | 3,70 | | | 4,90 | 35,90 |
|  | | | | | | | Горячий напиток | | | | | | | | №685-2004г. | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 2,57 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 20 | | | | | 1,19 | | | | 45,60 | | | | | | | 1,72 | | | 0,26 | 9,04 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **22,00** | | | | **359,50** | | | | | | | **6,07** | | | **9,98** | **61,66** |
|  | | | | | | | | | . . | | | | | | | | | |  |  |  |  | ***Зав. производств.*** | | | | | | | | | | | |  |  |  | ***Бухгалтер*** | | | | | | | Фирсова | | | | | | | | | | | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **Согласовано Директор** | | | | | | | | | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **подпись                                 расшифровка** | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Школа | | | | | | | Производство школы № 1 (Ст) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Отд./корп | | | | |  | | | | |  |  |  |  |  |  |  |  | День | | 18.05.2022 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Прием пищи | | | | | | | Раздел | | | | | | № рец. | | | | | | | | | | Блюдо | | | | | | | | | | | | | | | | | | | Выход, г | | | | | Цена | | | | Калорийность | | | | | | | Белки | | | Жиры | Углеводы |
| Завтрак 5-11 кл с родительской доплатой 45,00 и льготной 30,00 | | | | | | | Горячее блюдо | | | | | | №376-2021г. | | | | | | | | | | Рагу из птицы (филе цыплят) | | | | | | | | | | | | | | | | | | | 150 | | | | | 39,76 | | | | 239,25 | | | | | | | 15,75 | | | 14,25 | 11,93 |
|  | | | | | | | Напиток | | | | | | №360-2015г. | | | | | | | | | | Кисель из варенья | | | | | | | | | | | | | | | | | | | 200 | | | | | 9,65 | | | | 117,40 | | | | | | | 0,10 | | | 0,07 | 29,83 |
|  | | | | | | | Хлеб | | | | | | ПР | | | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 43 | | | | | 2,59 | | | | 98,04 | | | | | | | 3,70 | | | 0,56 | 19,44 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **52,00** | | | | **454,69** | | | | | | | **19,55** | | | **14,88** | **61,20** |
| Завтрак 7,00 (ОВЗ) 5 -11 кл | | | | | | | Закуска | | | | | | №2-2015г. | | | | | | | | | | Бутерброд с повидлом | | | | | | | | | | | | | | | | | | | 10/24 | | | | | 4,49 | | | | 92,16 | | | | | | | 1,96 | | | 0,72 | 19,46 |
|  | | | | | | | Горячий напиток | | | | | | №685-2004г. | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 195 | | | | | 2,51 | | | | 58,50 | | | | | | | 0,07 | | | 0,02 | 14,63 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **7,00** | | | | **150,66** | | | | | | | **2,03** | | | **0,74** | **34,09** |
| Завтрак второй 43,00 (ОВЗ) 5 -11 кл | | | | | | | Горячее блюдо | | | | | | №376-2021г. | | | | | | | | | | Рагу из птицы (филе цыплят) | | | | | | | | | | | | | | | | | | | 150 | | | | | 39,76 | | | | 239,25 | | | | | | | 15,75 | | | 14,25 | 11,93 |
|  | | | | | | | Горячий напиток | | | | | | №685-2004г. | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 2,57 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Хлеб | | | | | | ПР | | | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 12 | | | | | 0,67 | | | | 27,36 | | | | | | | 1,03 | | | 0,16 | 5,42 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **43,00** | | | | **326,61** | | | | | | | **16,85** | | | **14,43** | **32,35** |
| Завтрак льготный 5-11 кл | | | | | | | Горячее блюдо | | | | | | №376-2021г. | | | | | | | | | | Рагу из птицы (филе цыплят) | | | | | | | | | | | | | | | | | | | 50 | | | | | 13,25 | | | | 79,75 | | | | | | | 5,25 | | | 4,75 | 3,98 |
|  | | | | | | | Горячий напиток | | | | | | №685-2004г. | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 2,57 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Кондитерское изделие | | | | | | ПР | | | | | | | | | | Печенье "Молочное" | | | | | | | | | | | | | | | | | | | 20 | | | | | 4,26 | | | | 87,00 | | | | | | | 1,42 | | | 3,02 | 13,54 |
|  | | | | | | | Хлеб | | | | | | ПР | | | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 32 | | | | | 1,92 | | | | 72,96 | | | | | | | 2,75 | | | 0,42 | 14,46 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **22,00** | | | | **299,71** | | | | | | | **9,49** | | | **8,21** | **46,98** |
|  | | | | | | | | | . . | | | | | | | | | |  |  |  |  | ***Зав. производств.*** | | | | | | | | | | | |  |  |  | ***Бухгалтер*** | | | | | | | Фирсова | | | | | | | | | | | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **Согласовано Директор** | | | | | | | | | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **подпись                                 расшифровка** | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |